



Miramar Central School

Te Kura O Whataitai

Empowering Our Children

Tel: 04 939-0684, P O Box 15048, Miramar, Wellington 6233, 38 Park Road, Miramar, Wellington 6022
Email: office@miramarcentral.school.nz Website: www.miramarcentral.school.nz

Monday 4 February 2019

**School-wide PE Programme Term 1: Kelly Sport
Gymnastics Programme Delivery
Wednesday and Thursday Wk 3:19.02.19 till Wk 10: 11.04.19**

Dear Parents/Caregivers,

Following on from the success of our sports programmes in 2018 is our Term 1 sports programme: **Gymnastics**. The programme will be delivered by **Kelly Sports** in the school hall and is based on the philosophy that the development of skills, in a fun environment, is the key to participation. In the gymnastics programme the development of fine and gross motor skills and increased confidence will be the focus. Tasks include - balance, forward and backward rolls, jumping and landing techniques, rotation and rolls, locomotion (movement patterns completed whilst moving), and combination skills (linking taught skills together).

This programme is part of our PE and Health Curriculum this term. **A \$23 charge per child is asked of parents for the 8 lessons which occur once a week on Wednesdays and Thursdays.** Payment is by cash at the school office or on-line please. If paying on-line the school details are as follows: **Westpac Bank, Kilbirnie: Miramar Central School Account: 03-0521-0121203-00**

Please reference payments with: FAMILY NAME, Child's ROOM & GYMNASTICS

The class programme times is detailed overleaf. Tamariki and staff are looking forward to being involved in this great physical activity.

Yours sincerely,

Ed Trotter and Lisa Wilkinson
MCS Sports Co-ordinators

**School-wide PE Programme Term 1: Gymnastics run by Kelly Sports
Programme Delivery: 8 sessions Wk 3 - Wk 10 Wednesdays and Thursdays**

Child's nameYear Room

Please tick:

I have **enclosed \$23 as payment for this activity.**

I have **paid on-line \$23** with reference: **Family Name, Room and Gymnastics**

Please return to the school office asap. Thank you.

Gymnastics Delivery Timetable:**Venue:** School Hall**Equipment:** Kelly Sport and Miramar Central School**8 sessions** commencing Term 1: Wk 3 and concluding Wk 10.

Day	Time	Class	Year Level	No of students
Wednesday	9:00am – 9:30am	Rm 13	1/2	18
	9:30am – 10:00am	Rm 14	1/2	18
	10:00am – 10:30am	Rm 15	1/2	19
	10:30am – 10:50am	MORNING BREAK		
	11:00am – 11:30am	Kowhai Rm 10	1 to 8	10
	11:30am – 12:00pm	Rm 12	NE	12
	12:00pm – 12:30pm	Rm 11	NE/Yr 1	11
	12:30pm – 1:30pm	LUNCH BREAK		

Day	Time	Class	Year Level	No of students
Thursday	9:00am – 9:30am	Rm 9	Yr 3/4	24
	9:30am – 10:00am	Rm 8	Yr 3/4	24
	10:00am – 10:30am	Rm 4	Yr 3/4	24
	10:30am – 10:50am	MORNING BREAK		
	11:00am – 11:30am	Rm 3	Yr 5/6	25
	11:30am – 12:00pm	Rm 2	Yr 5/6	25
	12:00pm – 12:30pm	Rm 1	Yr 5/6	25
	12:30pm – 1:30pm	LUNCH BREAK		